



Copley Hospital, Inc. Laboratory Services Directory

24-HOUR URINE COLLECTION

Instructions for the patient:

1. Always refrigerate specimen during the collection.
2. Label the container (not the cover) with your name (first and last) and date of birth.
3. To begin a 24-hour collection, urinate into the toilet. In the "COLLECTION BEGUN" section of the collection form, record the time of this void on the urine.
4. Collect and save all urine voided for the next 24 hours.
5. Urinate at **EXACTLY** 24 hours after the collection began and to include this urine in the collection bottle. If unable to void at this time, obtain a specimen as soon as possible. In the "COLLECTION COMPLETED" section of the collection form, record this time.
6. To begin a 24-hour collection **AFTER** the first morning void, continue the collection to and including the following morning (at 24 hours) void.
7. Preservative will be added after the collection is returned to the laboratory.

Instructions for the office:

1. 24-hour urine collection jugs and the accompanying 24-hour urine form can be obtained by the patient at the Lab Office. If you have questions call: 802-888-8340.
2. Patient may return the specimen container with the accompanying 24-hour urine form and a completed lab requisition directly to the lab office. They do need to register at the front desk prior to arriving at the lab.
3. Beginning and ending times must be entered in the appropriate spots on the form.
4. Sample must be refrigerated until submitted to the lab.